

noboundariescape

isn't it **time** to?

simply bee yourself

flights of fancy

butter melts

creativity shows

every **!** tells a story

an olive feast

autumn 2017

isn't it time to **escape** into the **wild**?

The **#weskus** is a region that begs to be explored; there is an aspect to it that is wild. Not really wild in the sense that it is beyond managing, but wild as in not quite tamed.

The mountains, like the Cederberg, are a bit wild, as is the coastline where the Atlantic pounds the West Coast National Park. The summer winds which allow us to windsurf and winter rains which produce the unbelievable blankets of flowers that spread as far as Namaqualand. Back roads take you through this wild and beautiful place. Evidence of the past fauna is preserved in the now exposed sediments at the West Coast Fossil Park at Langebaanweg.



And the people. Well, it might be pushing it a bit to describe them as wild, but the west coast region produces exceptional, unique and creative characters . . . those working in the agri and aqua worlds, those creating special products from nature, such as still pure and simply bee.

The history of the region delves back eons, the legacy being represented by San depictions of their rituals. At Travellers' Rest in the Agter Cederberg a trail illustrates this legacy. Nearby Wupperthal illustrates a different historical involvement, that of the missionaries who came to Africa. In their eyes it was a wild place that needed saving.

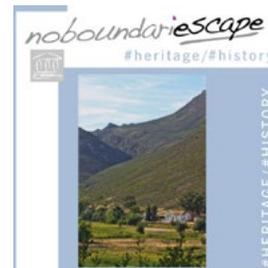
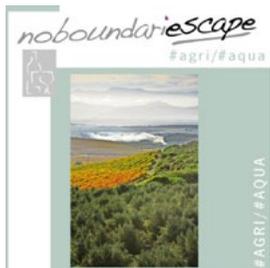
Fortunately the hospitality industry cannot *really* fall into the wild category. From the rustic accommodation at !Khwattu, where you can experience the revitalisation of the San culture, to sophisticated dining at Ruben's restaurant, Abalone House, in Paternoster, there are a wealth of options.

It is definitely time to **escape** into the wild.

Clm

noboundariesescape

-  noboundariescape@gmail.com
-  +27 (0)83 540 6131
-  facebook.com/noboundariescape
-  twitter.com/noboundariescap
-  www.noboundariescape.co.za



simply bee yourself



It all started with the dad, Derick Hugo who had been a passionate hobbyist bee keeper since 1954. In 1994, on his retirement, he and Marie returned to Hopefield and transformed their bee keeping pastime into a business.



In 2008 the next generation became involved with Pierre and Helena van der Westhuizen continuing with the proud family legacy. Due to her having a sensitive skin herself, Helena set out to develop an all-natural range of beeswax products, using only the raw materials from their own hives. The main aim was to create a range free from harmful chemicals, synthetic fragrances and parabens, making it both safe and environmentally friendly.



Simply Bee started off with only five products but due to public demand, have expanded to over 50 different products. These now include: hand and body products, facial skin care range, baby products, men's products, hair products, soaps and candles, ointments and balms, propolis products, polishes and gift pack combinations.



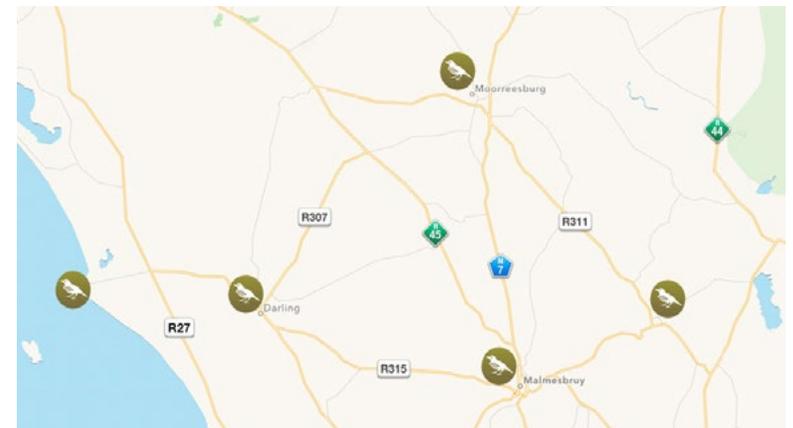
31a Church Street, Hopefield
+27 (0)22 723 0569
info@simplybee.co.za
www.simplybee.co.za

flights of fancy



The **Swartland Birding Route** takes flight between the towns of Malmesbury in the south, Darling and Yzerfontein in the west, Moorreesburg and Koringberg in the north and Riebeek West and Riebeek Kasteel in the east.

The area has a varied landscape from sea to mountain, which hosts strandveld, fynbos and renosterveld vegetation. Agriculture has introduced wheat fields on the fertile plains, interrupted by vineyards, olive farms and other fruits. It is estimated that at least 250 bird species exist in this vast differentiated landscape, providing birders, from beginners to serious twitchers, with a diverse range of birds to be ticked. The rare Black Harrier and the endangered South African national bird, the Blue Crane, as well as larks and pipits to lesser flamingoes and great white pelicans may be seen on the Swartland Birding Route.



butter melts . . .

butter is an enterprise based in the Sandveld west coast producing kiddies', well, little boys and girls', clothing up to the age of three years.

All the items are hand made, using local material (this means that colours, textures and fabrics constantly vary) and labour wherever possible.

The product is not intended to be mass produced so each piece is individual, butter styled!



butter merchandise is available at **ancient spirit** and **still pure** in Riebeeck Kasteel, and **simply bee** in Hopefield.

butter
sandveld • RSA

+27 (0)82 374 0426
butter.sandveld@gmail.com
www.buttersandveld.com

creativity shows

A west coast dynamic creative team, Hanneltjie de Clercq and Van Wessels, mother and son, host their annual exhibition of paintings and ceramics in Riebeeck Kasteel.



studio@hdeclercq.co.za
www.hdeclercq.co.za



Dianne Heesom-Green studied Art and Higher Education at the Natal Art School and University of Natal, majoring in sculpture under Peter Shultz.



Feeling that she knew nothing about anything except school and books, she left for Cape Town to experience life. After 12 years of designing and working within the computer and forms industry in the city and then England, Dianne decided high finance and corporate life were not benefiting from her she returned to Cape Town.

Finally, feeling a little more knowledgeable, Dianne felt ready to teach and opened a ceramic studio in Cape Town, followed by one in the small coastal village of Paternoster called **Stone Fish Studio**. Since then she has been hosting workshops, exhibiting and exploring the ceramic medium and painting in oils.



dheesomgreen@gmail.com
www.dianneheesomgreen.com

every ! tells a story



Within sight of Table Mountain is an undertaking that aims to **share the San Spirit**, educating, telling us of the San contribution to our heritage and preserving the culture for the future.

Primarily a San culture and education centre, **!Khwa ttu** sustains itself via the Ubuntu Foundation in Switzerland, WIMSA* as well as on its own initiatives, such as functions and events, a restaurant, accommodation, walking, running and cycling routes

!Khwa ttu provides training to the San in life skills, entrepreneurship, tourism, health, community development and gender issues, as well as restores and protects the cultural heritage of the San as contained in their history, folklore, visual arts, cosmology and language. It further educates the general public about the world of the San and promotes the long-term financial sustainability of San development in Southern Africa.



*Working Group for Indigenous Minorities in Southern Africa



info@khwattu.org
www.khwattu.org

History and museums are an integral part of the west coast region. Numerous town routes exist, and the museums are listed on the Swartland Heritage website.



www.swartlandheritage.com
www.heritagechroniclesa.org

an ancient site



The **West Coast Fossil Park** displays a unique collection of fossilised fauna, such as bears, sabre-tooth cats, short-necked giraffes and the many other exotic animals, from around five million years ago.



Daily guided walks, mine with a very knowledgeable, enthusiastic guide, allow insight to this long vanished world, one of species no longer in existence, in a very different climate and environment to that of today.

Also on site are children's facilities, a coffee shop and cycle trails – ride where extinct species used to roam!



info@fossilpark.org.za
www.fossilpark.org.za

an **olive** feast

The **Riebeeck Valley Olive Festival** has become one of the premier events on the west coast calendar, held on the first week of May every year.



Riebeeck Valley
2017
olive
FESTIVAL
6-7 May

web tickets
BOOK ONLINE
PAY IN STORE **PnP**
www.webtickets.co.za

riebeeckvalleyolivefestival@gmail.com
yvettepuchert@gmail.com
www.riebeeckvalleyolivefestival.co.za
www.riebeeckvalley.info
www.webtickets.co.za